



RAVENNA COUNSELING

RICHARD SCLAFANI, MA

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DISCLOSURE STATEMENT

Training and Degrees: I received my Bachelors in Speech Communication from the University of Washington in 1997. Since 1992 I have been a pastor/counselor of both Jr. and Sr. high students and their families. I received my ministerial license through the Church of God, Anderson Indiana in 2001. I graduated with my Master of Arts in Counseling from Mars Hill Graduate School in 2005 and went on to complete a one-year counseling internship at Eastside Academy under the supervision of Frederick Robinson and Doug Johnson of Samaritans Center of Puget Sound. This internship included training in substance abuse recovery, anger management, depression, group and individual intervention. In June of 2004, I became a registered counselor in the State of Washington (#RC00050568).

Counseling Orientation: I view the counseling process as forming an alliance with you to explore the nature of your struggles. Although we will spend much time dealing with the specific issues that brought you into counseling, we will also look at the nature of your relationships with the significant people in your life as well. According to my theoretical orientation, many of the forces and dynamics that have influenced the complexity and intensity of your struggles are rooted in relational issues. I believe you are made to relate in a satisfying and self-giving manner, and this is likely both the source of your greatest joy but also of your deepest problems. Thus, we will explore how your relational style interferes with the enjoyment for which you are made. This is also meant to give you hope, that by dealing with the source of the problem we will address the constellation of symptomologies as well. I believe that some issues can have a physical component; in such cases, medical consultation will be advised.

Billing and Insurance Information: The fee for counseling will be \$75.00 per 50 minute session (student rate \$65.00 per 50 minute session). Couples/Marriage counseling is \$100.00 per 1 hr. 20 minute session (\$80.00 student rate for couples) Payments are to be made at each session. You will be charged for a missed appointment if you have failed to notify me within 24 hours of our scheduled time (illness and emergencies excepted). Fees may increase periodically, and thus the fees are subject to change with two weeks prior notification.

I do not file insurance claims for you. If your insurance provider will be covering the cost of your counseling then you need to make arrangements with them to reimburse you directly. You are responsible for obtaining and filling out any appropriate paperwork and submitting it to the insurance company. I will be glad to fill out any part of the form that is necessary.

Choosing a Counselor: You have the right to choose a counselor who best suits your needs and purposes. You may seek a second opinion from another mental health practitioner or may terminate therapy at any time.

Confidentiality: There is a legal privilege in this state protecting the confidentiality of the information that you share with me. As a professional, I can assure you that I strive to maintain the strictest ethical standards of confidentiality.

There are legal exceptions to confidentiality. The following situations are those in which the information you have shared with me may be shared with others.

- 1) The client gives written permission to share confidential information.
- 2) Anything that suggests a crime or harmful act.
- 3) The client is a minor, and there is indication that she/he was the victim or subject of a crime.
- 4) The client brings charges against the counselor.
- 5) In response to a subpoena.
- 6) As required under chapter 26.44 RCW.

When it is possible, we will discuss any exceptions to confidentiality as they arise.

Consultations: I regularly consult with other professionals regarding clients with whom I am working. This allows me to gain other perspectives and ideas as to how to best help you reach your goals. These consultations are obtained in such a way that confidentiality is maintained.

Scheduling Appointments: Appointments are generally made on a *regular, weekly basis*. Appointment times are not automatically held open for you from week to week. It is your responsibility to reschedule at the end of a session.

State Information: Counselors practicing counseling for a fee must be registered or certified with the department of health for the protection of the public health and safety. Registration of an individual with the department does not include a recognition of any practice standards, nor necessarily implies the effectiveness of any treatment.

The purpose of the Counselor Credentialing Act (Chapter 18.19 RCW) is (A) To provide protection for public health and safety; and (B) To empower the citizens of the State of Washington by providing a complaint process against those counselors who would commit acts of unprofessional conduct.

Unprofessional Conduct: The brochure called "Counseling or Hypnotherapy Clients" lists ways in which counselors may work in an unprofessional manner. If you suspect that my conduct has been unprofessional in any way, please contact the Department of Health at the following address and phone number:

Department of Health, Counselor Programs
P.O. Box 47869
Olympia, WA 98504-7869
360.664.9098

Contacting Me by Phone: You may leave me a message at 206.240.2512. I will check these messages on a regular basis. Please limit your phone conversation needs to appointment scheduling and emergencies.

Emergencies: If you are in an emergency and cannot reach me, please call one of the following numbers for help:

General Emergencies	911
Crisis Clinic	800.244.5767 or 206.461.3222

I have read and understand the information presented in this form and have received a personal copy.

Client Signature (Printed)

Date

Client Signature

Date

Therapist

Date

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